

Early On[®] Michigan Growth Chart

See how _____ grows!

Children grow and develop at different rates. While your child is growing in inches and pounds, use this guide to learn about how children develop. *Early On* and Project Find work together for better beginnings in Michigan.

Early On provides a statewide, interagency system of early intervention services for infants and toddlers (birth through three) with special needs and their families. *Early On* encourages family-focused, community-based service delivery. Also, *Early On* strengthens coordination and collaboration across agencies. A local service coordinator works with the family and providers on developing a specific plan for the child and family.

Project Find can help provide information about special education program services and help refer your child for a free evaluation to determine if there is a special educational need. This is provided to you as a service of Michigan public schools.

Community agencies (including community health departments, hospitals and clinics, schools, and many others) have services for children. By calling the numbers listed on the bottom of this chart, you can learn what services may be available to you, your baby, and your family.

Your Baby Needs Vaccines at These Ages:

- Birth
- 2 Months
- 4 Months
- 6 Months*
- 12-15 Months*
- 18-24 Months*

* All children 6 months through 4 years should get the flu vaccine every year.

Michigan Department of Community Health
www.michigan.gov/immunize
 1-888-76-SHOTS

At age five years, most children will be able to:

- Walk backward toe to heel
- Walk on tiptoe
- Print a few capital letters
- Recognize own printed name
- Play with others
- Identify a penny, nickel, and/or dime
- Answer verbally to "Hi" and "How are you?"
- Lace shoes

At age four years, most children will be able to:

- Hop in place
- Throw ball over hand
- Catch ball when bounced to him or her
- Copy circles
- Know own sex, age, last name
- Point to 5 basic colors
- Play with other children
- Use sentences with correct grammar, such as "Can I go to the store?" "I want a big cookie."
- Wash and dry hands unassisted

At age three years, most children will be able to:

- Walk up stairs
- Stand momentarily on one foot
- Jump up with both feet
- Feed self
- Put on a coat with help
- Verbalize toilet needs

At age two years, most children will be able to:

- Kick large ball
- Turn pages of a book
- Imitate housework
- Ask for items by name
- Recognize familiar pictures – know if it is upside down
- Use 2 or 3 words together, such as "more juice"

At age 18 months, most children will be able to:

- Walk well
- Climb up or down one stair
- Walk backwards pulling a toy
- Make marks with crayon on paper
- Partially feed self with a spoon
- Use 5 to 10 words

At age 15 months, most children will be able to:

- Walk without support
- Stack 3 blocks
- Use 5 or 6 words
- Vocalize – voice up and down like conversation (jargon)
- Partially feed self with a spoon or fingers
- Find a hidden toy under a cover

At age 12 months, most children will be able to:

- Pull self to standing – may step with support
- Pick things up with thumb and one finger
- Put one toy in another
- Give toy on request
- Give affection
- Follow simple directions accompanied by gestures
- Say 2 or 3 words

At age nine months, most children will be able to:

- Sit alone – change position without falling
- Creep or crawl on all fours
- Express affection
- Hold 2 objects at the same time
- Say Mama – Dada
- Show fear of strangers

At age six months, most children will be able to:

- Sit with a little help
- Roll from back to stomach
- Support weight; bounce activity
- Babble – more than two sounds
- Hold one toy and reach for another

At age four months, most children will be able to:

- Have good head control
- Roll from side to side
- Begin reaching
- Laugh aloud
- Take object, such as a rattle, when held near hand
- Follow moving object when held in sitting position
- Enjoy play
- Use comforting when distressed

At age three months, most children will be able to:

- Lift head and chest when lying on stomach
- Show vigorous body movement
- Show improved head control
- Recognize breast or bottle
- Coo – chuckle

At age two months, most children will be able to:

- Hold head erect, bobbing when supported in sitting position
- Imitate or respond with occasional smile to smiling person
- Follow moving person with eyes
- Vocalize
- Move both legs and arms equally well

At age one month, most children will be able to:

- Raise head slightly off floor or bed, when lying on stomach
- Hold head up momentarily when supported
- Briefly watch and follow objects with eyes
- Avoid mildly annoying sensations (placement of cloth on face)
- Make some "noise in throat" sounds



Early On[®] Michigan
 1-800-Early-On (1-800-327-5966)
www.1800EarlyOn.org
 TTY: 517-668-2505 Fax: 517-668-0446



Project Find Michigan
 1-800-252-0052
www.ProjectFindMichigan.org
 TTY: 517-668-2505 Fax: 517-668-0446

44"

43"

42"

41"

40"

39"

38"

37"

36"

35"

34"

33"

32"

31"

30"

29"

28"

27"

26"

25"

24"

23"

22"

21"

20"

Place the Growth Chart so that the first measuring line is 20 inches from the floor.

Spaces have been provided for you to enter the child's name and date for each measuring. There is room for keeping track of more than one child's growth.